

Arlington Free Clinic Wish List

Large Bottles (500 – 1,000 tablets)

- Aspirin (81 mg)
- Generic Tylenol (500 mg)
- Vitamin D (1,000 units i.u.)
- Ferrous Sulfate (325 mg)
- Multivitamins (1,000 tablets)

Other Supplies

- Lip balm or Chapstick
- Hand cream
- Throat lozenges
- Pill boxes – dived for 7 days
- Travel-sized toothpaste, floss, toothbrushes *
- Metro bus passes
- Grocery store gift cards
- \$2 or \$5 phone cards (good for international calls)

* Dental supplies are in high demand.