



# The KEY *online*

The newsletter of Faith Lutheran Church

April 2015



## Holy Week and Easter at Faith

Clip and save this quick reference guide to Holy Week and Easter services and activities. For information about Holy Week E-Devotions, see page 2.

### Sunday, March 29—Palm Sunday

8:00, 9:30 & 11:00 a.m.—Worship with Holy Communion, Procession of the Palms

### Thursday, April 2—Maundy Thursday

7:30 p.m.—Worship with Holy Communion

### Friday, April 3—Good Friday

7:30 p.m.—Tenebrae Service

### Saturday, April 4

9:00—10:30 a.m.—Families of Faith Easter Egg Hunt and Breakfast

We will start with a potluck breakfast, followed by a family educational activity, and end with the egg hunt. We will make passports and journey together through the Holy Week experience.

### Sunday, April 5—Easter

8:00, 9:30 & 11:00 a.m.—Worship with Holy Communion

9:00—10:45 a.m.—Easter Breakfast

The Easter breakfast will be cooked by the Men of Faith and served by the youth. Your free-will offerings will go toward sending the youth of Faith to Detroit this summer for the ELCA Youth Gathering.

## Worship Schedule Change: April 26

We will have only two worship services on Sunday, April 26, at **9 a.m. (Contemporary) and at 11 a.m. (Traditional).**

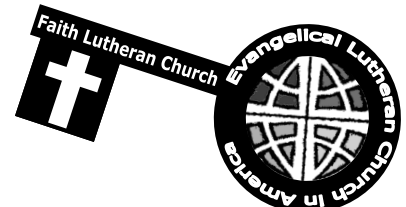
Sunday School will be held during the 9 a.m. service.

Then, from 10 a.m. until 11a.m., there will be a Forum in the Fellowship Hall which all members are encouraged to attend. Dr. Jim Pence, the Consultant who is running our Transition Process, will report on the surveys from and interviews with members of Faith regarding the church's future direction.

Please see the article on page 6 that tells where we are in the Pastoral Succession Process, and how you can participate.

## What's Inside...

Christian Education	4—5
Faith Family Updates	14
Fellowship	13, 15
Lectionary/Worship	1—3
Mission of the Month	8—10
Pastoral Transition Update	6
Preschool Events	14—15
Social Ministry	8—12
Stewardship	7
Calendar	insert



## Just for Acolytes!

Contact: Pastor Yvette, [pastoryvette\(at\)flcva.org](mailto:pastoryvette(at)flcva.org)

**Acolyte Lunch and Workshop**  
**NEW DATE! Sunday, May 3, 12:15–1:30 p.m.**  
**FOR NEW and EXPERIENCED ACOLYTES**  
**Lunch provided.**

At our 8 and 11 o'clock services, acolytes help make worship a special time for everyone to pray together and worship God. We're looking for young people interested in joining our acolyte team. **4th and 5th graders are especially encouraged to participate in our Acolyte Program.**

Parents are requested to come for a quick meeting from 1:20-1:30 to learn about our acolyte program-- expectations, the scheduling process, etc.



*This could be YOU!*

**Please contact Pastor Yvette with questions or to sign up for the training.**

## Holy Week Devotions, Delivered to Your Inbox!

We know that Spring Break travel or the regular weekday rush will make it difficult for some of you to attend worship on Maundy Thursday and Good Friday. And others may want additional ways to mark Holy Week throughout the week.

With all this in mind, Faith has created a blog for Holy Week entitled ***Via Crucis: The Way of the Cross***. Each day, a new post will invite you to enter the story of Jesus' last hours through artwork, Scripture, and prayer. The series will begin with a post on Passion Sunday, March 29, and will end on Holy Saturday, April 4.

To subscribe, visit [www.flcva.org/holy-week-devotions](http://www.flcva.org/holy-week-devotions).

### 2015 Church Council

David Bleich, President  
[bleichda2004\(at\)yahoo.com](mailto:bleichda2004(at)yahoo.com)

Gina Brumback, Secretary

Jody Manning, Treasurer  
[jody.manning10\(at\)verizon.net](mailto:jody.manning10(at)verizon.net)

Michael Hocker, Assistant Treasurer  
[mikeinpax\(at\)yahoo.com](mailto:mikeinpax(at)yahoo.com)

Jeff Busse, Financial Secretary  
[idealistic64\(at\)yahoo.com](mailto:idealistic64(at)yahoo.com)

Tina Kroll-Guerch, Asst. Fin. Sec.  
[tkroll\(at\)wgf.org](mailto:tkroll(at)wgf.org)

Ken Rothaermel, Stewardship  
[traveljunky111\(at\)gmail.com](mailto:traveljunky111(at)gmail.com)

Anne Johnson, Legal Trustee  
[augustiniana\(at\)verizon.net](mailto:augustiniana(at)verizon.net)

Jeff Olson, Legal Trustee  
[Jeffkepi\(at\)gmail.com](mailto:Jeffkepi(at)gmail.com)

Michelle Williams, Legal Trustee  
[michelleinspain\(at\)yahoo.com](mailto:michelleinspain(at)yahoo.com)

Greg Blatt, Property Trustee  
[gpb113\(at\)yahoo.com](mailto:gpb113(at)yahoo.com)

Quinn Baker, Property Trustee  
[Quinn.baker\(at\)gmail.com](mailto:Quinn.baker(at)gmail.com)

Kirsten Baker, Education  
[bakerkirstenm\(at\)gmail.com](mailto:bakerkirstenm(at)gmail.com)

Stephanie Barnes, Outreach  
[stbarnes27\(at\)me.com](mailto:stbarnes27(at)me.com)

Jill Faris, Fellowship  
[Jill.k.faris.mil\(at\)mail.mil](mailto:Jill.k.faris.mil(at)mail.mil)

Marilyn Haugen, Social Ministry  
[Mb\\_haugen26\(at\)comcast.net](mailto:Mb_haugen26(at)comcast.net)

Andy Ruge, Youth Ministry  
[macruge\(at\)verizon.net](mailto:macruge(at)verizon.net)

Worship Participants for April							
		8:00 a.m.			11:00 a.m.		
	A/V	ACOLYTE	A. MIN.	LECTOR	ACOLYTE	A. MIN.	LECTOR
April 5	N/A	Sarah Shaw	Corey Holmes	Anne Johnson	Henry Olson	Greg Mantell	Rebecca Brown
April 12	Olson/	Terry Flannery	<b>Open</b>	Sally Arason	Ariana Herbst	Rachel Bleich	Christina Bohringer
April 19	Hocker/	<b>Open</b>	Jonathan Bertsch	Paul Wengert	Youssef Guerch	Greg Mantell	Lori Oney
April 26	(9:00) <b>Open</b>	N/A	N/A	N/A	Nikolas Lersten	Allison Baker	Carl Hoffman

### Enjoy Worship?

**Help make it happen!** As you can see from the tables above, there are always opportunities for anyone with an interest in serving as an acolyte, assisting minister, lector, or A/V assistant. Not sure what any of those people do? Just ask one of the pastors, or contact one of the following:

- Acolytes: Paul Wengert, poor.yorick(at)verizon.net
- Lectors/Asst. Ministers: Anne Johnson, Augustiniana(at)verizon.net
- Communion Assistants: Sally Arason, arasonroscoe(at)aol.com
- Ushers: Doug Lauer, dflauer(at)yahoo.com or Mary Beth Allen, 703.528.5817
- Coffee Fellowship: Sue Burggraf, sburggraf(at)comcast.net
- A/V Ministry: (9:30) Annette Hocker, ahwahoo98(at)gmail.com; (8 & 11) David Babich, davidbabich1(at)hotmail.com

### Coffee Fellowship Team

	Set-Up	Between Services	Clean-Up
April 5	Easter Breakfast provided by Men of Faith		
April 12	Baker/Kosutic		Sandene
April 19	Johnson		Lounberg
April 26	Burggraf		Nelson

So far in 2015, **Faith has consumed more than 30 pounds of coffee**—that’s more than a hill of beans! By purchasing Fair Trade coffee, our fellowship time supports family farmers. For more about fair trade, see the article on page 11.

### Sunday Lectionary

#### April 5

*Resurrection of Our Lord*  
Acts 10:34—43  
Psalm 118:1—2, 14—24  
1 Corinthians 15:1—11  
Mark 16:1—8

#### April 12

*Second Sunday of Easter*  
Acts 4:32—35  
Psalm 133  
1 John 1:1— 2:2  
John 20:19—31

#### April 19

*Third Sunday of Easter*  
Acts 3:12—19  
Psalm 4  
1 John 3:1—7  
Luke 24:36b—48

#### April 26

*Fourth Sunday of Easter*  
Acts 4:5—12  
Psalm 23  
1 John 3:16—24  
John 10:11—18

## Christian Education at Faith

Faith offers many opportunities for learning and growing in our Christian faith.

- + Children's Sunday School and occasional Adult Discussions, **Sunday mornings, 9:45 a.m.**
- + Confirmation classes for 6th-8th graders, **Sundays once a month**
- + Lydia Circle for women, **2<sup>nd</sup> Monday of the Month, 7:30 p.m.**
- + Bible Study in the Lounge, **Thursday Mornings at 10:00 a.m.** led by lay leaders
- + Life Abundant, **twice monthly, as scheduled by individual groups**

## Confirmation

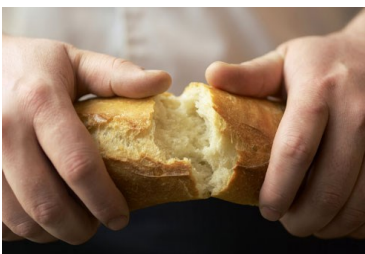
Contact: Pastor Yvette, [pastoryvette\(at\)flcva.org](mailto:pastoryvette(at)flcva.org)



**Sunday, April 19, 3–5:30 p.m.**  
**Monthly Confirmation Class**

## First Communion Classes

Contact: Pastor Yvette, [pastoryvette\(at\)flcva.org](mailto:pastoryvette(at)flcva.org)



**Sunday, April 12, 12:15-1:30 p.m.**  
**Saturday, April 18, 10 a.m.—12 p.m.**  
**Sunday, April 19, First Communion Sunday**

Does your child show an interest in what's happening when you come forward to receive communion, asking questions or asking to taste a communion wafer? It may be time for First Communion classes!

Together we'll explore the meaning and history of communion, what it means to forgive and be forgiven, and what happens when we share this special meal each Sunday. We meet twice, once on a Sunday, and the follow Saturday, when we bake the bread that will be used for communion in worship the next day. The children then receive their first communion at the 11 a.m. service.

**Contact Pastor Yvette if you would like your child to participate, or if you have questions about when your child might be ready for his or her first communion.**

## New Member Process Begins April 12

Contact: Pastor Brian, [pastorbrian\(at\)flcva.org](mailto:pastorbrian(at)flcva.org)

Our next New Member Sunday is May 3, preceded by the following sessions:

Sunday, April 12, 9:30—10:45 a.m.—Orientation session, Lounge

Sunday, April 19, 9:30—10:45 a.m.—Orientation session, Lounge

Sunday, April 26, 10:00—11:00 a.m.—Report of the Transition Team, Fellowship Hall

New Members are received at any of the three worship services on May 3. If you plan to attend any of these sessions, or if you have any questions, please email Pastor Brian.

## Save the Date for Vacation Bible School! July 20–24, 2015

Get updated by email when registration opens! [Click here to subscribe to updates by email.](#)



### **ELCA Youth Gathering: Summer 2015**

*Contacts: Pastor Yvette, [pastoryvette\(at\)flcva.org](mailto:pastoryvette(at)flcva.org)*

This summer, July 15-19, five youth from Faith will travel to Detroit, MI, to participate in the ELCA Youth Gathering: Kayla Guerch, Lauryn Rothaermel, Margaret O'Connor, Michelle Lounberg, and Nicolette Lounberg. Together with thousands of other youth from around the country, they will pray, play, serve, learn and worship. They have already begun to prepare for the Youth Gathering through bible study and prayer, and over the next several months they will continue to meet with youth from Resurrection and Good Shepherd to study the Gospel of Mark, reflect on the Good News of Jesus Christ (Mark 1:1), and learn

how God is calling them to be witnesses to God's grace and love in their lives.

**We will also be raising funds to help pay for the trip to the Youth Gathering. Please look out for more information on upcoming fundraisers, and support our youth as generously as you can!**

### **Faith Lutheran Preschool: 25 Years Young!**

*Contact: Carrie Field, Director, [preschool\(at\)flcva.org](mailto:preschool(at)flcva.org)*

All are welcome to attend Faith Lutheran Preschool's 25th Anniversary Open House! We'll be celebrating 25 wonderful years as a preschool, and we'll also be bidding farewell to Ann Felker and Anne Larsen, two amazing teachers who have been with FLP since its inception and helped make the school what it is today. Stop by our open house to celebrate FLP's history, to dream of its future and to wish two beloved teachers well as they retire!

Activities include a Moon Bounce and "Captain Cookie & the Milkman" ice cream truck! We'll also have "memory pages" to write down your favorite recollections of FLP and its wonderful teachers!

**Sunday, April 26, 2015, 3 – 5 p.m.**

**FLP Outdoor Classroom**

3313 Arlington Blvd, Arlington, VA 22201

(Rain location: Fellowship Hall)

The event is free for all! To help ensure we have enough food and crafts for everyone, please RSVP at <http://flp25th.eventbrite.com>. Please also consider making a donation that will allow us to create a strong foundation for the next 25 wonderful years of Faith Lutheran Preschool. Donations are accepted online at the link above (even if you don't plan to attend!) or in-person at the event.

---

## Faith Lutheran Prepares for Transition

---

Jill K. Faris, Transition Team Lead, [transition\(at\)flcva.org](mailto:transition(at)flcva.org)



Welcoming, Serving and  
Living in Faith.

On March 22, during all three services, Pastor Brian introduced to the congregation Dr. Jim Pence, a consultant hired by the church to assist us on our journey to call a new pastor when Pastor Brian retires.

The first step involved the church council nominating church members to three teams that have been established to support this process. Those teams include the Transition Team, the Call Team and the Start-Up Team. Each team has specific tasks that support the overall goal of a successful and seamless succession.

The church council and elected members of all three teams met Friday and Saturday, March 20-21st, for a Foundations Retreat, conducted by Dr. Pence. During this time members came to understand the pastoral succession process, formulated a vision

for our church for this process, and delineated a time-line for this process, all while getting to know team members better.

The first group to start out this process is the Transitions Team. We are charged with gathering facts about our church to include its rich history, its ministry programs, financial status, and an in-depth look at our members and why they came and stay with Faith.

**Our first "touch point" in this phase will include a very important on-line survey that the Transition Team is asking all members of Faith Lutheran to fill out.** This survey has been created to assist the Transition Team in finding out what is important to you in a church and its leadership. You will be receiving an email with a link to the survey and directions on how to complete the survey. The survey will "go live" starting on Easter Sunday, April 5th and will close two weeks later. On Sunday April 26th we will be having only two services in order to provide a forum where the results of the survey will be shared with the congregation.

All throughout this process members of the Transition Team will be available to answer your questions. [You will be able to submit your questions through Faith's website.](#) Members of the transition team will also be available between services to answer your questions.

Transition Team members want you to be informed through this entire process so we will provide updates as to what is happening during this phase of the succession plan. Your Transition Team members are:

Transition Team Lead: Jill K. Faris  
Fred Kane, Katie Brewer, Alexis McIvor, Chris Carbone, Dominic Storelli, Julie Pandya

Additionally the Transition Team will set up a few face-to-face sensing sessions at the church so we can hear first-hand your ideas as well as your faith journey that brought you to Faith Lutheran Church and keeps you here. Remember: your story is our story.

Please keep the members of the transition team in your prayers as we lead our church through the first steps of the succession process.

Peace be with you—Jill K. Faris

## The Third Pillar of Stewardship

*Ken Rothaermel, Deacon of Stewardship, traveljunky111(at)gmail.com*

Faith Lutheran Church is blessed with a large, diverse, and devoted congregation dedicated to growing in the word of the Lord and spreading the message of God's grace and love in thought, word and deed. As we expand the missions undertaken by this congregation, revitalize our facilities and begin this period of transition, we give thanks to the members of our congregation who have volunteered their time to help shovel our walkways to ensure we have services in time of bad weather, do minor repair and painting jobs to keep our facilities in working order, and accept roles on vital teams such as the transition and call committees being established to help us in our time of transition and search for a new senior pastor.



Offerings of time and talent are essential to the success of our church family, but the third pillar of stewardship, that of treasure, is also vital, and in times of transition, critical, to ensure we remain a strong and healthy congregation. The succession planning process requires not only the time and dedication of the members of the various transition teams to be effective, but the financial resources to do things such as conduct interviews, to bring in prospective pastors for visits, and relocate the new pastor to the parsonage once a call has been accepted to shepherd our Faith family. These financial obligations are separate from what is required for our daily operations, and will mean a need for greater financial giving in order to support both a successful year of ministry at Faith and a successful transition into the future.

Please take a moment to reflect on what God has graciously given you in your life, and think about what you can give back to support our church, your brothers and sisters in Christ at Faith, and in praise and thanksgiving to our Lord.

### Save the Dates!

*Sign up for both of these events at [www.flcva.org/signup](http://www.flcva.org/signup)*

**Saturday May 2nd 9:00 a.m. – 3:00 p.m.**

#### **"Make Room for Faith"**

Organize & Clean the church in an effort to maximize our use of space. Come for an hour or come all day! Supplies will be provided however if possible please consider bringing cleaning items from home such as rubber gloves, buckets, old rags, etc.



**FLEA  
MARKET**

**Saturday May 30th 8:00 a.m. – 1:00 p.m.**

#### **"The Faith Flea" Market**

Turn your trash into treasure! Bring all those items you found during spring cleaning and sell them at the Faith Flea! Minimum donation of \$20 per table. All proceeds will go towards making our entrance and fellowship areas more welcoming for visitors, members, and everyone who spends time at Faith.

---

## Mission of the Month: Arlington Food Assistance Center

---

Contact: Yvonne Matsko, [ydmatsko\(at\)gmail.com](mailto:ydmatsko(at)gmail.com)

### Hunger Facts: Arlington Food Insecurity Study 2012–2013

In 2012, the nonprofit Arlington Food Assistance Center (AFAC) partnered with Virginia Tech's Center for Survey Research (CSR) and Center for Public Administration and Policy (CPAP) to conduct a food insecurity study. Despite being one of the wealthiest counties in the nation, food insecurity affects a great many Arlington County residents. Food insecurity is measured by limited or uncertain access to food, reduced food intake, and disrupted eating patterns.



According to this study, slightly **more than 4 in 10 Arlington residents** in the \$60,000 and under income group are experiencing food insecurity. With roughly 75,000 Arlington residents in this income category, this suggests as many as 42 percent or 31,500 of these individuals could experience food insecurity in Arlington, VA.

### What is Hunger? What is Food Insecurity?

Hunger is the physical sensation that results from not having enough food to eat. However, when talking about "hunger in America," what is often meant is more accurately called "food insecurity."

Food insecurity is defined as a lack of access to enough food to fully meet basic needs due to lack of financial resources (National Student Campaign Against Hunger and Homelessness).

- The number of people in the United States that are food insecure is over 33 million.
- 7.2% of Arlington County, or 14,900 people, is food insecure.

### Why is it So Important to Help AFAC?

In FY14, AFAC saw an unprecedented increase in demand for services. Between July 1, 2013 and June 30, 2014, the number of families in their care grew by 26%. While the need for AFAC's services was already strong, the deep cuts to the Supplemental Nutrition Assistance Program (SNAP) have made it even more difficult for many families living on the edge to provide for themselves and their families. Now, over six months into their current fiscal year (FY15), AFAC is serving even more families--over 2,200 families each week. Responding to this level of need continues to be a struggle.

### How Can I Help?

We are glad you asked! There are numerous ways to help! These include:

- Donating non-perishable items - collection bins can be found in the Fellowship Hall. A list of what they are seeking can be found to the right.
- Making a financial donation at church and directing it to AFAC – all financial donations received this month will go to fund the AFAC Backpack Buddies Program which provides over 9,400 Arlington children with food to sustain them over the weekend.
- Volunteering – there are many opportunities – please use the link below for more information
- [Donating on-line](#) – there are so many ways to assist AFAC and every little bit directly helps those in need!

For more information on AFAC and how you can help your fellow neighbors, please see: [www.afac.org](http://www.afac.org). Thank you in advance for your continued support!

## Spring Homeless Clothing Ministry

Contacts: Marilyn Haugen, [mb\\_haugen26\(at\)comcast.net](mailto:mb_haugen26(at)comcast.net);  
Mary Hibbits, [mohibbits\(at\)comcast.net](mailto:mohibbits(at)comcast.net)

Many thanks again to everyone who so generously contributed items for distribution to the homeless over the winter. All the coats, blankets, sleeping bags, thermals, hats, gloves, etc. were so gratefully received by those in need, especially this winter.

As we turn toward spring, given that many of you may be starting your seasonal closet rotations, please keep the homeless in mind. Whatever spring clothes that you're no longer going to be using or no longer fit, we can generally find a use for nearly all male clothes/shoes. If you have any questions about what may be appropriate, just drop one of us an e-mail. Right now, we are in particular need of the following items:

- Usable men's sneakers/casual shoes
- Men's jeans (particularly smaller sizes--32, 34)
- Men's new athletic socks, any color
- Men's new underwear, preferably boxers (M and L)
- Double-edged disposable razors



Donations can be placed in bins near the Jackson Street doors.  
Thank you for caring.

## Emergency Shelter to Stay Open—Volunteers Needed

Contact: Cindy Taylor, [ctaylorara\(at\)gmail.com](mailto:ctaylorara(at)gmail.com)

Thanks to all who served at the Emergency Shelter this winter. Many of you have inquired about the continuance of the Emergency Shelter into spring. We have received the official request from ASPAN, for volunteers through May 2015. As part of Faith's ongoing support of this ministry, **April 29, 2015 and May 14, 2015 have been scheduled for us to serve the evening meal and distribute clothing from 5:30 p.m. to 7:30 p.m.** Please contact Cindy Taylor if you can help with this local need. If these dates conflict with your schedule, other times are available. A list of all volunteer shifts and a volunteer application form can be found on A-SPAN's website. You can also contact Anna Kaminski, A-SPAN's Volunteer Manager, at [akaminski\(at\)a-span.org](mailto:akaminski(at)a-span.org) or 703.842.0168.

### AFAC Shopping List

- Low-sodium canned proteins (salmon, tuna, chicken)
- Low-sodium canned soups
- Low-sodium canned beans
- Low-sugar cereals

### This Just In!

Mid-week Lenten offerings are always donated to local charities. This year, your offerings were divided between these three organizations:

[Arlington Pediatric Center](#)

[Shepherd's Center of McLean-Arlington-Falls Church](#)

[Arlington Partnership for Affordable Housing](#)

## More About the AFAC Backpack Buddies

---

Contact: Yvonne Matsko, [ydmatsko\(at\)gmail.com](mailto:ydmatsko(at)gmail.com)

AFAC's Backpack Buddies program provides weekend and holiday meal packs for food-insecure Arlington County schoolchildren. "Food insecurity" is the term used to describe the uncertainty of not knowing where the next meal will come from, or if it will come at all.

According to the Virginia Tech Center for Social Research Study (referenced on page 8), as many as 9,400 children in Arlington are food insecure. For many of these children, their lunchtime meal at school is their only meal each day. Over weekends or holiday breaks, these children often go with little to no food. AFAC's Backpack Buddies program strives to help these children.

On Fridays at their school, each child in the Backpack Buddies program is given a backpack filled with nourishment for the weekend. Items usually distributed in the backpacks are ready-to-eat meals, microwave soups, snack bars, fruit cups, shelf-stable milk, fresh produce, and canned vegetables. There is enough food in each pack to feed the child for two days (six meals, plus snacks).

The children return the backpacks to their school on Monday, and then the packs are filled and redistributed to the children the following Friday. Children and families who benefit from the Backpack Buddies program are able to spend more quality time at the table and less time worrying about where to find their next healthy meal.

The Backpack Buddies program runs year-round. AFAC coordinates with all of the Arlington Public Schools as well as several community centers, after-care programs, and summer camps to make sure all children in our community have the food they need when the weekend comes. The food for the Backpack Buddies program is more expensive than other food AFAC purchases for the families in our care because it is pre-packaged and prepared. AFAC estimates that the Backpack Buddies program costs approximately \$7.50 per child, per week.

During the month of April, your **monetary offerings will go directly to support AFAC's Backpack Buddies Program**. To make a financial donation, use the Special Mission Offering envelopes located in the pews, or visit Faith's website and donate to the Mission of the Month online. Your non-perishable food item donations (see the list on page 9) will go to AFAC's general food pantry.

Thank you for your generosity!

## OAR Second Chance Breakfast

---

Contact: Mary Hibbits, [mohibbits\(at\)comcast.net](mailto:mohibbits(at)comcast.net)

Faith is invited to the seventh annual Second Chance Fundraising Breakfast to be held on **Wednesday, April 8** at the Sheraton near the Air Force Memorial. Doors open at 7:15 a.m. with coffee, and the program and free hot breakfast will start at 7:45 and conclude by 9 a.m. 450 people will come together to celebrate the work of OAR and hear from supporters and clients. It is a great introduction to what can happen with a successful reentry program. Please RSVP at 703-228-7031 or go to [www.oaronline.org/breakfast2015](http://www.oaronline.org/breakfast2015).



## A Fair Trade Story: Inside a Nicaraguan Coffee Coop

From "[Our Journey to Nicaragua, Part One](#)," by Sara Fiore  
Available on [equalexchange.coop/blog](http://equalexchange.coop/blog).

In January 2015, I had the extraordinary privilege of joining an Equal Exchange/PCUSA delegation to Nicaragua. These delegations connect supporters of Fair Trade, and Equal Exchange employees like me, with the people and places that make our products possible. Traveling to this new country, meeting farmers and seeing the co-ops firsthand brought everything I knew about Fair Trade to life. Here's a look into our week of learning and exploring.

### Bienvenidos a PRODECOOP

We arrived in Estelí in the afternoon after a long bus ride from the capital city, Managua. Green volcanic mountains lined the horizon and expansive coffee drying beds spread out ahead of the warehouses of PRODECOOP. It was sunny, hot and lush — a big change from the northeastern winter I'd left behind.

PRODECOOP was Equal Exchange's first trading partner back in 1986, and now is made up of 38 primary, village-level co-ops, totaling almost 1,000 small-scale farmers. PRODECOOP purchases coffee from each of these primary co-ops, processes it here at the headquarters in Estelí, and then sells 100% of it on the Fair Trade market. Needless to say, it's a busy place. We were welcomed warmly by Adilia Hernández, one of the co-op managers, and Luis Diego Calderón Masís, a gregarious visiting agronomist. The two of them led us on the tour of the premises, giving us a look into the everyday happenings of a busy coffee co-operative.

### Drying, sifting and sorting

First, we walked through the drying beds, which were hot and overwhelmingly bright, raked continuously by men and women covered head-to-toe to protect them from the sun. We learned that many of the workers are university students working here part-time during school breaks.

Adilia told us that coffee beans take nearly a week to dry out completely, and the raking helps them dry evenly and prevents the growth of mildew. And when it rains? Workers rush to cover the beds with tarps, a process we watched unfold with practiced grace when a sun shower passed through.



Once the beans are dry, they are run through a series of machines that sort defects by size, shape and color— it was actually surprising just how many phases they went through. At the end of it, the reject pile was substantial: full of misshapen, broken or discolored beans that would mean bad-tasting coffee.

Finally, the beans are ready to be bagged, stored in the warehouse until they reach around 18% humidity and then sold on the Fair Trade market. Before it even reaches the roaster, your coffee goes through a lot. The beans that wind up in the bag are really the best of the best.

### Roasting, cupping and quality control

With their commitment to quality, it makes sense that PRODECOOP has their own small-scale

*(Continued on page 12)*



roasting operation. Historically, coffee producers have simply grown their crop, sold it and not been concerned with roasting or brewing. By roasting and testing their own beans, members of PRODECOOP gain more knowledge about, and thus control over, their product. And they get pretty amazing coffee out of it, too.

We got to try some of this coffee in their quality control lab with Agueda Emilce Ruiz Avila, who led us in a typical coffee cupping, or tasting. Cuppings are crucial for quality control and cuppers like Agueda are incredibly skilled in identifying nuances in aroma and flavor and understanding their relationship to quality. Agueda walked us through the cupping process and described the way to smell and taste each sample. At the end, we had a unanimous favorite.

Agueda told us that she developed an interest in quality control after working in the drying beds for a few years, but that the taste of coffee took a while to grow on her. Now though? "I love it," she said. "I drink it all day."

### **Manure, microorganisms and compost**

Diego and Adilia led us back behind the drying beds and warehouses, to a shady area where the scent of manure wafted through the warm air. A herd of sheep peered at us through a gate. "This is where we make organic fertilizer," Adilia told us. Manure, of course, is a key ingredient. Black tarps covered mounds of compost nearby, decomposing into fertilizer in the warm sun.

Healthy farms start with good soil, so the co-op puts a lot of energy into finding ways to maximize soil health. It's a complex science with many components, from manure to earthworms to microorganisms, not all of which are readily available to the average coffee farmer. However, the co-operative's investment in organic methods helps make these things more accessible to more farmers. There are many members who need resources, so it's not always easy to meet the demand, but it's clear that the effort is being made to share knowledge and resources.

### **Local coffee and the continuing journey**

After the tour, we returned to the patio where I made a beeline for the freshly brewed coffee waiting for us. Despite being 85 degrees outside, the hot coffee was exactly what I wanted. Looking out at the mountains, the palm trees and the tropical plants, I realized what an amazing thing it was to be drinking local coffee. When could I ever say that back home? Soon, we'd be leaving PRODECOOP behind and driving north to the farms of Dipilto, where the journey of our coffee truly begins.

### **Try it for yourself**

On Sunday mornings. All of the coffee (and a lot of the teas) served at Faith are fairly traded—some of those beans might have come from the coop you just read about!

## **Stewardship Bouquets**

This month we say "Thank you" to

... Lisa Thurston, Alisha MacGregor, Lynn Riggs, Erin Kimsey, Maril Olson, Henry Olson, Tim & Ann Felker, Jessi Erickson and friend, Virginia Paulus and friend, Mary Hibbits, and Marilyn Haugen, for helping with the **homeless ministry of bagged meals and clothing in March.**





## FAITH YOUTH GATHER!

**Mini-Golf—Sunday, April 26  
Meet at Faith at 3:00 p.m.**

Please bring \$6 per round of mini-golf. (Matching frumpy dresses optional.)

RSVP: Allison Baker,  
Allison.baker10(at)gmail.com

## Young Adult Ministry

Contacts: Pastor Brian, [pastorbrian\(at\)flcva.org](mailto:pastorbrian@flcva.org)

### **Saturday, April 18, 5:00 p.m.—Young Adult Gathering**

Wine and cheese gathering at the home of Rachel and David Bleich (5025 7th St. S, Arlington, 22204). Meet 15 to 20 other young adults! If you plan to attend, please email Pastor Brian.

Coming Up:

### **Saturday, May 16, 5:00 p.m.—BBQ at the Parsonage**

Hosted by Pastor Brian and Mary Erickson

### **Saturday, June 6, 12:05 p.m.—Washington Nationals v. Chicago Cubs**

After the baseball game, we'll have a happy hour at the home of Kristin Corliss, near the stadium in DC. If you plan to attend the game, please let Pastor Brian know by **April 15**, when he will be purchasing the tickets.

## XYZ News



*"eXtra Years of Zest" - a social group for Faith's active seniors.*

Contact: Carolyn Baker, 703-671-0312

On Tuesday, April 7, we will go to Normandie Farm. The van leaves at 11:00 a.m.

On Tuesday, April 21, will be our annual trip to Catoctin Orchard and lunch at the Shamrock. The van will leave at 11:00 a.m.

*Quite a few XYZers wore green for the St. Patrick's Day outing, including Carolyn Baker, who donned a pair of shamrock glasses!*

## Faith Family Updates

### April Birthdays

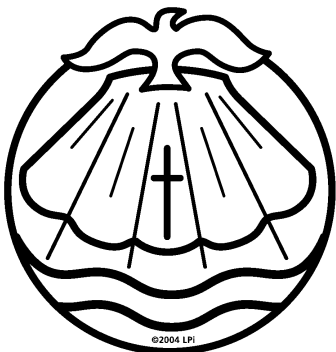
1	Jeannette Dere Flynn Miller	14	Carrie Leffler Aaron Paige	24	Dan Koski-Karell
2	Megan Bartholomew	15	Logan Duce	25	Mikayla Booth Liz Talley
3	Missy Britan Jacob Leffler		Erin VerWest Tucker Wright	26	Conor Miller
5	Jacob Beard	17	Ava Becnel	27	Mike Baker Crista Seipp
	Franceil Parde		Dean Morin	28	Missy Duce Ali Link
7	Barbara Coleman	18	Steven Webber		
8	Justin Booth Charles Morse	20	Stephanie Beckmann Jon Dagle	29	Sally McAllister Alan Morse
10	Brian Brunsvold Angelique Phillips	21	Terry Mallett Margaret O'Connor		London Rosti Bill Varner, Jr.
11	Leo Graveline	22	Katie Brewer	30	Molly Dresser
12	Herbert Abum		Jim Frankosky, Jr.		John Lihach
13	Laura Yauger	23	Bridget Kerr		
14	Melissa Dewitt		Josh Litterst		

### April Wedding Anniversaries

5	Erik & Kristen King	14	Erik & Kate Olson
7	Mary & John Hibbits	25	Gerald & Carol Brandt Ken & Sarah Plumb
8	Sean & Sally McAllister Greg & Betsy Morse	30	Dan & Ana Rosa Koski-Karell
14	Bill & Julie Curlin		

### April Baptism Anniversaries

Allison Babich	7	Luke Quattlebaum	17	Justin Pentola	
Megan Bartholomew	8	Ben Hoffman		Eliz Storelli	
Kaye Ebelt		Kylie Hoffman	25	Philip Becnel V Steven Webber	
1	Laura Horne	Alexandra Lersten			
2	Bailey Petersen	11	Leo Graveline	26	Connor VerWest
6	Jackson Bennett	13	Sean Wheeler	27	Amara Maddux Annika Matsko
	Allison Rivera	14	Jackson Sieverding		Kyle Matsko
7	Brian Abel	15	Luke Sotos		Cassy Doran
	Clark Quattlebaum	16	Corey Johnson	28	Ethan Kramer
	Kyle Quattlebaum		Linda O'Brien	29	



**Celebrating the baptismal anniversary** can be especially meaningful for young children who were baptized as infants, and offers an opportunity for parents and other adult role models to share their faith stories with the youngsters in their lives. Re-lighting the baptismal candle, reading the Bible or singing hymns are just some ideas for celebrating.

If you would like a copy of the ELCA Anniversary of Baptism service, please email [office\(at\)flcva.org](mailto:office(at)flcva.org).

# Synodical Women's Organization Convention

Contact: Paulette Sandene, sandenepc(at)aol.com

## Love Thy Neighbor

All women of Faith are invited to the Annual Convention of the Women of the ELCA (Metro DC Synod), which will be held on **Saturday, April 11** at The Village at Rockville (formerly National Lutheran Home), 9701 Viers Drive, Rockville MD 20850. Registration and continental breakfast starts at 8:30 a.m., and the event ends at 3:45 p.m. Details about the workshops, guest speakers, service project, and in-kind offering are posted at Information Central, but topics include human trafficking, cultural diversity and institutional racism, and praying with body and soul. Registration fee is \$40.00, or \$15.00 for women under the age of 40 or first time participants. Scholarships are available for those unable to pay the entire fee.



Quilts for LWR at the WELCA Triennial, 2014.

You can [register online](#) or by completing a registration form located at Information Central. **The registration deadline is April 3.**



### "Rejuvenating Faith" Update

Over Holy Week, new windows were installed in the lower level of the education building. For information about the **Capital Campaign**, please email Ken Rothaermel at traveljunky111(at)gmail.com.

## Before and After



**The PromisedLand Quartet** made quite an impression when they performed at all three services on March 22. Sometimes categorized as Southern Gospel, PLQ's music was widely appreciated, and received rave reviews. *Left:* PLQ members singing during worship. *Right:* Members flocking to meet the musicians and check out their CDs after worship.

# Faith Lutheran Church

www.flcva.org

3313 Arlington Blvd.

Arlington, VA 22201

703 525-9283 office(at)flcva.org

## Regular Sunday Schedule

**8am** Worship with Holy Communion—S  
**9:30am** Worship with Holy Communion—S  
**9:45am** Learning for All Ages  
**11am** Worship with Holy Communion—S  
**2pm** Korean Worship—P

# APRIL 2015

## ABBREVIATIONS:

- BP - Bride's Parlor
- CR - Choir Room
- FC - Fabric Crafters
- FH - Fellowship Hall
- K - Kitchen
- L - Lounge
- VR - Nursery
- P - Preschool
- S - Sanctuary
- SM - Stephen Ministry
- U - Undercroft
- XYZ - eXtra Years of Zest (seniors)
- YACC - Young Adult Coffee and Conversation
- YAG - Young Adult Gathering
- MAG—Middle Adult Group

SUN	MON	TUE	WED	THU	FRI	SAT
29 Palm Sunday <i>Newsletters Available</i> <i>Easter Lily Dedications Due</i>  Traditional worship at 8 & 11 Contemporary worship at 9:30	30  <i>Pastor Yvette's Day Off</i>	31 <i>FLP Spring Break</i>	1 <i>FLP Spring Break</i>  6:30pm—Praise Team Rehearsal 7:45pm—Choir Rehearsal	2 <i>FLP Spring Break</i>  10am—Bible Study / Discussion—L  7:30pm—Maundy Thursday Worship	3 <i>FLP Spring Break</i>	4  9am—Families of Faith Easter Egg Hunt & Breakfast  7:30pm—Good Friday Worship
5 Easter  Traditional worship at 8, 9:30 & 11  9—10:45am—Easter Breakfast	6  <i>Pastor Yvette's Day Off</i>  7:30pm—Stephen Ministry	7  9:30am —FLP Yoga—FH  11am—XYZ to Normandie Farm	8  7:15am—OAR Second Chance Breakfast  6:30pm—Praise Team Rehearsal 7:45pm—Choir Rehearsal	9  10am—Bible Study / Discussion—L  10:30am—MONA— FH	10  <i>Pastor Brian's Day Off</i>	11  8:30am—SWO Convention  1pm—Bagged Meal Prep  5:30pm— Bagged Meal & Clothing Distribution
12 2nd Sunday of Easter Traditional worship at 8 & 11 Contemporary worship at 9:30  9:30am—New Member Orientation 12:15pm—First Communion Class 3pm—Youth Group	13  <i>Pastor Yvette's Day Off</i>  7:15pm—Lydia Circle	14  9:30am —FLP Yoga—FH	15  6:30pm—Praise Team Rehearsal 7:45pm—Choir Rehearsal	16  10am—Bible Study / Discussion—L  7pm—FLC Council	17  <i>Pastor Brian's Day Off</i>  <b>MAY NEWSLETTER DEADLINE</b>	18  10am—First Communion Class  5pm—Young Adult Gathering
19 3rd Sunday of Easter <i>First Communion</i> Traditional worship at 8 & 11 Contemporary worship at 9:30  9:30am—New Member Orientation 3pm—Confirmation	20  <i>Pastor Yvette's Day Off</i>  7:30pm—Stephen Ministry	21  9:30am —FLP Yoga—FH  11am—XYZ to Catoclin	22  6:30pm—Praise Team Rehearsal 7:45pm—Choir Rehearsal	23  10am—Bible Study / Discussion—L  1:30pm—Newsletter Volunteers  7—9pm—Findings Retreat Part I	24  <i>Pastor Brian's Day Off</i>	25  9am—1pm—Findings Retreat Part II
26  <i>Newsletters Available</i>  Contemporary worship at 9 Traditional worship at 11  10am—Findings Forum 3pm—FLP 25th Anniversary 3pm—Youth Mini-Golf	27  <i>Pastor Yvette's Day Off</i>  11am—Meals on Wheels	28	29  5:30pm—Volunteers at the Emergency Shelter  6:30pm—Praise Team Rehearsal 7:45pm—Choir Rehearsal	30  10am—Bible Study / Discussion—L	1	2  9am—Make Room for Faith



Faith Lutheran Church is a congregation of the [Evangelical Lutheran Church in America](http://www.elca.org)



**Faith Lutheran Church**  
**3313 Arlington Blvd**  
**Arlington, VA 22201**

Office: 703-525-9283  
 Website: [www.flcva.org](http://www.flcva.org)

**STAFF**

**Rev. Brian Erickson, Senior Pastor**  
 Pastorbrian(at)flcva.org

**Rev. Yvette Schock, Associate Pastor**  
 Pastoryvette(at)flcva.org

**Darrell Partin,**  
**Director of Music & Worship**  
 Darrell(at)flcva.org

**Carrie Field,**  
**Preschool Director**  
 Preschool(at)flcva.org

**Jen Moore, Communications Coordinator & Office Administrator**  
 Office(at)flcva.org

**Juan Ulloa, Church Caretaker**

**PASTORAL CARE**

**Comfort Shawl Ministry**  
 Provide (through the pastor) shawls for those in need of comfort.  
 Carrie Beyer  
 Cbeyer(at)comcast.net

**Communion Ministers**  
 Serve Holy Communion to members who are homebound or hospitalized.

**Faith Family Freezer**  
 Provide (through the pastor) meals to those in times of family distress  
 COORDINATOR NEEDED

**Patient Companion Program**  
 This program—through the Virginia Hospital Center—provides someone who sits at the bedside of a patient during their final hours.  
 Barbara Foelber  
 bgfoelber(at)aol.com

**Prayer Chain**  
 Lisa Thurston H: 703-216-4126  
 LThur0704(at)aol.com

**Stephen Ministry**  
 Provide Christian care to people in crisis.  
 Terry Mallett, Teresa.mallett(at)verizon.net

**CD Ministry**  
 Duplicate CDs of worship services  
 Coordinator Needed

**ADMINISTRATION**

**Counting Teams**  
 Meet after the 11:00 service to count and record the offerings.  
 The Finance Team  
 Finance(at)flcva.org

**Newsletter Team**  
 Labels and sorts the newsletter monthly.  
 Adriana Stone H: 703-536-5914

**Notification Tree**  
 Mary Beth Allen H: 703-528-5817

**WORSHIP AND MUSIC**

**Acolyte / Crucifer**  
 Youth who participate in Sunday worship.  
 Paul Wengert, poor.yorick(at)verizon.net

**Altar Guild**  
 Prepares the altar and chancel for worship.  
 Carol Tschudy H: 703-521-6792  
 Ctschudy(at)aol.com

**Assisting Minister / Lector**  
 Assists with worship and reads Scripture lessons.  
 Anne Johnson  
 Augustiniana(at)verizon.net

**Communion Assistants**  
 Assist with Communion distribution during worship services.  
 Sally Arason H: 540-783-2040  
 Arasonroscoe(at)aol.com

**Friendship Folders**  
 Maintains folders that are used on Sundays for sign-in, prayer cards, etc.  
 Paulette Sandene H: 703-273-8380  
 Sandenepc(at)aol.com

**Pew Bibles**  
 Ensures each pew has Bibles.  
 Sue Burggraf H: 703-522-1549  
 Sburggraf(at)comcast.net

**Sound Ministry**  
 Runs the sound system during worship and records services.  
 (9:30) Annette Hocker: ahwahoo98(at)gmail.com;  
 (8&11) David Babich, davidbabich1(at)Hotmail.com

**Ushers**  
 Doug Lauer  
 Dflauer(at)yahoo.com

**YOUTH**

**Youth Ministry/Confirmation**  
 Pastor Yvette  
 Pastoryvette(at)flcva.org

**FYI (Faith Youth Incorporated)**  
 Andy Ruge, Macruge(at)verizon.net

**EDUCATION**

**Sunday School**  
 Kirsten Walter Baker,  
 bakerkirstenm(at)gmail.com

**Little Lambs**  
 2 year old Sunday School every other week in the Virginia Room during Sunday School  
 Cindy Lersten  
 Clersten(at)yahoo.com

**Tuesday Evening Class**  
 Pastor Brian  
 Pastorbrian(at)flcva.org

**Thursday Morning Bible Study**  
 Pastor Yvette  
 Pastor Yvette (at)flcva.org

**Vacation Bible School**  
 Meet in August to give a wonderful spirit-filled experience to children from age 4 through 5th grade (and older children may volunteer to assist).  
 2015 VOLUNTEERS NEEDED

**OUTREACH**

**Greeters**  
 Welcome worshippers as they enter the sanctuary.  
 COORDINATOR NEEDED

**Website**  
 Update and maintain Faith's website.  
 Jen Moore  
 Jenmoore(at)flcva.org

**SOCIAL CONCERNS**

**Bagged Meal Program**  
 Prepares and distributes meals the second Saturday of each month for Arlington's homeless.  
 Paul Wengert, Poor.yorick(at)verizon.net

**Clothing Program (ASPAN)**  
 Collects gently used clothing and new toiletries.  
 Marilyn Haugen,  
 mb\_haugen26@comcast.net

**Creation Care**  
 Goal: to reduce Faith's carbon footprint.  
 Greg Blatt, gpb113(at)yahoo.com

**Friends of the Seminary (LTSG)**  
 Liaison between Faith and the Lutheran Theological Seminary at Gettysburg.  
 COORDINATOR NEEDED

**Meals on Wheels**  
 Delivers prepared meals to shut-ins in the Arlington area.  
 Kay Flatin H: 703-379-0445

**National Lutheran Home Auxiliary**  
 Liaison for senior residential facility in Rockville, MD.  
 Nancy Benson H: 703-644-0609

**FELLOWSHIP & COMMUNITY LIFE**

**Coffee Fellowship**  
 Prepares coffee for and cleans up after fellowship on Sundays.  
 Sue Burggraf, sburggraf(at)comcast.net

**Fabric Crafters**  
 Makes items for the National Lutheran Home, Culpepper Gardens, and LWR.  
 Jeannette Dere H: 703-370-3793  
 Djdere(at)earthlink.net

**Families of Faith**  
 Pastor Brian  
 Pastorbrian(at)flcva.org

**Green Team/Creation Care**  
 Being good stewards of God's creation.  
 Greg Blatt, gpb113(at)yahoo.com

**Moms & Babies**  
 For moms with babies under 1 year.  
 Mary Klapmust  
 mmklapmust(at)gmail.com

**Men of Faith**  
 Meets once a month for breakfast, fellowship, and discussion.  
 Pastor Brian, pastorbrian(at)flcva.org

**Middle Adult Ministry**  
 Social gatherings for ages 40—65.  
 Pastor Brian  
 Pastorbrian(at)flcva.org

**Women of Faith**  
 Meet regularly for fellowship and study.  
 WELCA  
 Paulette Sandene  
 H: 703-273-8380  
 Sandenepc(at)aol.com

**ACTIVITIES**  
 Pastor Yvette,  
 Pastoryvette(at)flcva.org

**eXtra Years of Zest**  
 50+s who meet frequently for lunch and fellowship.  
 Carolyn Baker H: 703-671-0312

**Young Adult Ministry**  
 Social and discussion group for ages 18—39.  
 Pastor Brian  
 Pastorbrian(at)flcva.org